

# Remember, a CORE Leader...

...has Clear Values

Leaders who are deeply and consciously aware of what is most important, to themselves and others, are able to lead with a greater sense of authenticity.

They make better decisions, decisions aligned to their true north, and they live with and on purpose.

...lives with an  
Optimistic Worldview

As a leader, your outlook on life and the meaning that you give to the different events that you face, shape your everyday interactions with those around you.

An optimistic outlook, grounded in reality, motivates you to lead more courageously and influence those around you to dream more, achieve more, and become more than they ever imagined.

...cultivates  
Rewarding Habits

It's been said, "Your habits will determine your future."

Your emotional, social, physical, mental, and spiritual habits either break you or make you as a leader. They determine your future because they shape your character.

Truly effective and engaging leaders cultivate those habits that enable them to be at their best.

...nurtures  
Empowering Beliefs

What you believe about leadership, what you believe about yourself, what you believe about others, what you believe about life impacts your contribution, your legacy, your effectiveness, and your influence on others as a leader.

Truly transformational leaders overcome self-defeating behaviours by becoming more aware of their destructive beliefs and nurturing empowering ones.



*“Our legacy comprises the spiritual, intellectual, relational, vocational, and social capital we pass on. It’s the sum total of the beliefs you embrace, the values you live by, the love you express and the service you render to others. It’s the you-shaped stamp you leave when you go.”*

*- Michael Hyatt, Author of Living Forward*



# YOUR LEGACY I

PERSONAL MASTERY REFLECTION... What do you want to be remembered for? (Consider what you want your family and loved ones to say)



# YOUR LEGACY II

PERSONAL MASTERY REFLECTION... What do you want to be remembered for? (Consider what you want your friends to say)



# YOUR LEGACY III

PERSONAL MASTERY REFLECTION... What do you want to be remembered for? (Consider what you want your business partners / colleagues to say)



# GAINING CLARITY

It's been said that, "Your core values are the deeply held beliefs that authentically describe your soul."

Based on the themes in the legacy statements above, what are some of your most significant values?



# PERSONAL MASTERY WORKOUT TIME

Complete the Personal Mastery workout below and then return to the video.

Q. What is your WHY?

